

## 20TH AUSTRALIAN CONFERENCE

ON HAEMOPHILIA, VWD & RARE BLEEDING DISORDERS

## **EMBRACING A CHANGING WORLD**

The virtual **20th Australian Conference on Haemophilia, VWD and Rare Bleeding Disorders**, 8-9 October 2021 is shaping up well, with a diverse program, great speakers, and an opportunity for you to catch up with friends, old and new!

### THEME AND SPEAKERS

Our theme is **Embracing a Changing World** and we have confirmed exciting speakers. You can find more information in the Program inserted in this issue of *National Haemophilia*.

With **Dr Ritam Prasad**, Haematology Treatment Centre Director, Calvary Mater Newcastle, NSW and **Suzanne O'Callaghan**, HFA Policy Research and Education Manager as co-chairs, the program committee has been developing a multidisciplinary program which will interest everyone.

**David Stephensen**, Haemophilia Physiotherapist from the UK, has more than 20 years' clinical and research experience working with children and adults with haemophilia. He will talk about his research on exercise for children with haemophilia and about the role of physiotherapy in the age of new treatments.

**Professor David Lillicrap** from the Department of Pathology and Molecular Medicine at Queen's University, Kingston, Canada is an expert on blood clotting and innovations in the treatment of bleeding disorders and novel therapies and will lead us through what the future holds.

**Professor Mike Makris** is Honorary Consultant Haematologist at Sheffield Teaching Hospitals, NHS Trust, UK and will challenge our thinking about where treatment and care is heading over the next few years.

**Paul McLaughlin** from the UK is the current chairman of the Haemophilia Chartered Physiotherapists Association (HCPA), a UK group of specialist physiotherapists working in haemophilia. He is going to speak on pain in haemophilia and managing chronic pain.

**Dr Christian Barton** works in both research and private practice treating sports and musculoskeletal patients in Melbourne. He will talk about research on exercise and the GLA:D<sup>®</sup>, Good Life with osteoarthritis Program.

Program sessions on advances in treatment and care, managing bleeds, diagnosing and treating VWD, specific issues for women and girls and young people, understanding and managing pain, sport and exercise, getting older, managing hepatitis C and HIV, mental health, managing change and optimising peer support will be among the sessions running over the two days of our virtual conference.

#### CONNECTING WITH THE COMMUNITY

Connect with one another and share your experiences! This has always been a key part of our national conferences. There will still be plenty of opportunities for you to connect, share and have fun - we will be doing things very differently at our first ever virtual national conference!

#### **Hosted Social Activities**

Look out for the hosted social activities over the two days and join us for the social function on the Friday evening.

#### **Remembrance Service**

The Remembrance Service is an important part of our conference and all delegates will be able to reflect on the past and how it has affected each of us.

## **REGISTRATION**

Our aim is to make the Conference accessible and affordable for everyone. If the travel and cost has stopped you in the past, you can attend this conference from the convenience of your home or office.

### **Registration includes:**

- Access to all plenary and concurrent program sessions
- Access to all extra activities
- Access to Gold Sponsors' private rooms for health care professionals or for community delegates.
- Hosted opportunities to connect with other delegates
- Remembrance Service
- Social function on the Friday evening
- A conference satchel with abstract book and information can be either posted to you or sent digitally.

#### Costs

#### Category 1 - \$50 per user access

Person with a bleeding disorder, family and carers
Haemophilia Foundation staff

#### Category 2 - \$75 per user access

Health professionals, government officials, pharmaceutical company representatives and other regular delegates

#### Register online at -

www.haemophilia.org.au/conference21registration

Online registration only. If you require any assistance let us know. Your local foundation maybe offering funding or subsidies. Please contact them directly for further information.

### **FAQs**

#### What do you need to participate successfully?

- Computer with sound card, tablet or smartphone
- WIFI or data, with enough data for a 2-day stream

## Do I need to sit in front of a screen for the entire 2 days?

No, there will be breaks, live sessions and pre-recorded sessions. To get the most out of conference, we recommend you attend the live sessions that are of most interest to you so you can ask questions and participate in conversations.

# Will sessions be available for playback on demand afterwards?

All live sessions will also be recorded and you will be able to access the recordings straight after the session.

With your registration you will also be able to access all the recordings on demand after the conference.

Will I be able to meet others in the community during the conference? I enjoyed the face- to-face part of past conferences.

Yes, you will have the opportunity to meet others virtually in scheduled social activities. We will have allocated times for this.

## **CONFERENCE PROGRAM 2021**

	FRIDAY 8 OCTOBER 2021	
0855	Official Conference Welcome and Acknowledgement of Country Gavin Finkelstein, President, HFA and Dr Ritam Prasad, Conference Co-Chair	
0900-1015	Plenary 1 – The changing world of bleeding disorders	
1015-1045	MORNING TEA	
1045-1215	Concurrent 1 - Managing bleeds under current new treatments	Concurrent 2 - VWD
1215-1325	LUNCH	
1325-1455	Concurrent 3 – Sex, sexuality and intimacy	Concurrent 4 - Women and girls
1455-1535	AFTERNOON TEA	
1535-1700	Plenary 2 – Dealing with change	
1800-1830	Remembrance Service	
1900-2000	Battle of the Trivia – Evening social activity free to all delegates	
	SATURDAY 9 OCTOBER 2021	
0900-1015	Plenary 3 - Pain	
1015-1045	MORNING TEA	
1045-1215	Concurrent 5 - Making the most of your health virtually	Concurrent 6 – Exercise and resistance training
1215-1325	LUNCH	
1325-1455	Concurrent 7 - Youth – challenges, taboos	Concurrent 8 - Getting older
1455-1535	AFTERNOON TEA	
1535-1700	Plenary 4 – Where to from here?	

#### **SOCIAL ACTIVITIES**

During break times join our community room to meet and chat with others or attend our sponsors' virtual exhibition rooms. We have a fun activity being planned for Friday night, which is free with your registration.

#### THANK YOU TO OUR SPONSORS

All delegates will be able to meet our Gold Sponsors in their specially dedicated private rooms for health care professionals or community delegates.

#### NO MORE SESSION CLASHES!

Most sessions will be recorded (depending on permission from speaker) and this will be clear on the online program. With your registration you will be able to access recorded sessions during and after the conference.

#### FOR MORE INFORMATION

Visit the conference website at www.haemophilia.org.au/conference21
Or contact HFA at hfaust@haemophilia.org.au

Thank you to our sponsors

**Gold Sponsors** 











