

WORLD HAEMOPHILIA DAY 2021



It was great to read motivational and inspiring comments on the website.

World Haemophilia Day in 2021 was a great success. This year's theme **Adapting to Change** highlighted that living during a pandemic can pose many challenges, not only for our health, but also for our mental health and wellbeing.

The World Federation of Hemophilia interactive World Haemophilia Day website gave people a space to share how bleeding disorders have affected people and their loved ones. It was great to read motivational and inspiring comments on the website – www.worldhemophiliaday.org

QUIZ

World Haemophilia Day was an opportunity to test our knowledge with a fun quiz.

Try it out! <https://tinyurl.com/WHDQuiz21>

WEBINARS

We hosted two webinars over the week for World Haemophilia Day:

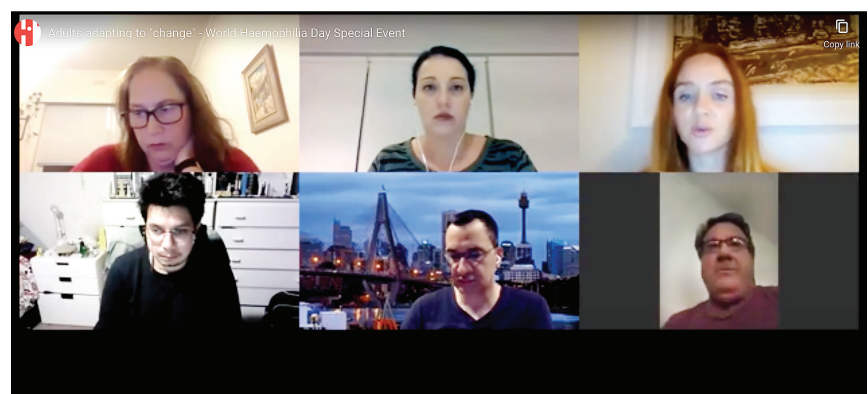
- Adults adapting to change
- Resilience & adapting to change - career, work and sport (youth issues).

You can listen to the recordings here - www.haemophilia.org.au/webinarsWHD21.

Read the reports about the webinars in this issue of *National Haemophilia*.

Ready for a
QUIZ

Test your
knowledge about
bleeding disorders
during this year's
World Haemophilia Day



LIGHT IT UP RED AROUND AUSTRALIA

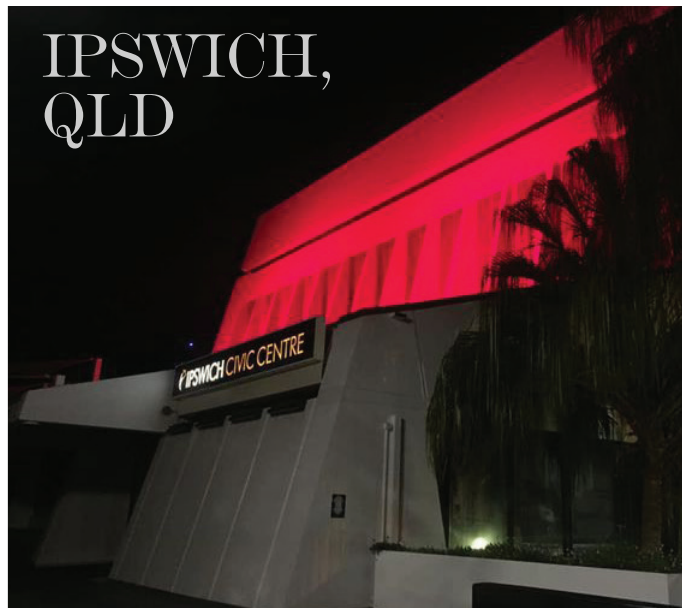


HFA also participated in **Light it Up Red** with landmarks in Western Australia, Queensland and Victoria going red to raise awareness about bleeding disorders.

Thanks everyone for your support and celebrating such a significant day in the community. 🇦🇺



BELL
TOWER,
WA



IPSWICH,
QLD



KANGAROO
POINT, QLD



TOWNSVILLE,
QLD